# Tracing Causal Paths from Experimental and Observational Data

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The study of causal mechanisms abounds in political science, and causal mediation analysis has grown rapidly across different subfields. Yet, conventional methods for analyzing causal mechanisms are difficult to use when the causal effect of interest involves multiple mediators that are potentially causally dependent—a common scenario in political science applications. This article introduces a general framework for tracing causal paths with multiple mediators. In this framework, the total effect of a treatment on an outcome is decomposed into a set of path-specific effects (PSEs). We propose an imputation approach for estimating these PSEs from experimental and observational data, along with a set of bias formulas for conducting sensitivity analysis. We illustrate this approach using an experimental study on issue-framing effects and an observational study on the legacy of political violence. An open-source R package, *paths*, is available for implementing the proposed methods.

he study of causal mechanisms abounds in political science. In political psychology, for example, scholars investigate the pathways through which the framing of political issues in mass media and elite communications affect citizens' attitudes and behavior (e.g., Druckman and Nelson 2003; Nelson, Clawson, and Oxley 1997; Slothuus 2008). In political economy, a growing body of research examines the mechanisms through which historical events shape contemporary social and political outcomes (e.g., Acharya, Blackwell, and Sen 2016b; Lupu and Peisakhin 2017; Mazumder 2018). Over the past decade, studies of causal mediation have grown rapidly across different subfields of political science because empirical evaluation of the mechanisms hypothesized to transmit causal effects is central for testing and refining theories of social and political processes (Acharya, Blackwell, and Sen 2016a; Imai et al. 2011).

A common approach to assessing causal mediation involves decomposing the total effect of a treatment on an outcome into two components: an indirect effect operating through a mediator of interest and a direct effect operating through alternative pathways. This is typically accomplished via an additive decomposition in which the average total effect of treatment is partitioned into the so-called average natural direct and indirect effects (Pearl 2001), which are also known as the average direct effect (ADE) and average causal mediation effect (ACME), respectively (Imai et al. 2011; Imai, Keele, and Yamamoto 2010).

Despite its conceptual simplicity, this approach faces an important limitation when the causal effect of interest involves multiple, potentially overlapping, causal pathways—a common scenario in political science applications. In particular, the ADE and ACME can only be identified under a set of potentially strong assumptions: (i) no unobserved treatmentoutcome confounding, (ii) no unobserved treatment-mediator confounding, (iii) no unobserved mediator-outcome confounding, and (iv) no treatment-induced mediator-outcome confounding (Imai et al. 2010; VanderWeele 2015). Of these assumptions, assumption iv is especially restrictive because it requires that there must not be any posttreatment variables that affect both the mediator and outcome, whether they are observed or not.

Consequently, if two mediators are present and one mediator affects both the other mediator and the outcome, the ACME for the second mediator cannot be identified without functional form assumptions (Imai and Yamamoto 2013). To circumvent this problem, empirical studies have often assumed,

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sometimes implicitly, that different mediators are causally independent (i.e., they do not affect each other), an assumption that is strong, untestable, and unrealistic in many applications. Moreover, when the causal effect of interest involves multiple mediators that are causally dependent, the causal pathways through those mediators are not mutually exclusive, rendering their mediating effects inseparable even conceptually. In fact, the overlapping of causal pathways via different mediators may require us to reformulate and reassess the "competing hypotheses" of underlying processes. The prevailing practice of treating causally dependent mediators as independent can be both methodologically problematic and theoretically inaccurate.

In this article, we show that in the presence of multiple mediators, a more fruitful approach to analyzing causal mechanisms is to trace different causal paths explicitly. Specifically, we make three novel contributions to the methodological toolbox for causal mediation analysis. First, drawing on a previous identification result for path-specific effects (Avin, Shpitser, and Pearl 2005), we provide a general framework for effect decomposition with an arbitrary number of mediators. In particular, we provide, for the first time, a general formula that decomposes the total effect of treatment into K + 1 PSEs one "direct effect" and K mutually exclusive indirect effects in the presence of K causally ordered mediators. This is in contrast to the previous literature on PSEs, which has focused on the case of two mediators (e.g., Albert and Nelson 2011; Daniel et al. 2015). The K + 1 PSEs are nonparametrically identified under the assumption that observed variables can be arranged in a directed acyclic graph (DAG), and, in this DAG, no unobserved confounding exists for any of the treatmentoutcome, treatment-mediator, and mediator-outcome relationships (Pearl 2009).

Second, we develop a new method for estimating the PSEs. Our proposed method, based on model-assisted imputation of counterfactual outcomes, holds several distinct advantages over conventional methods for analyzing causal mediation (e.g., Baron and Kenny 1986; Imai et al. 2011). First, it can accommodate either one or multiple mediators, whether different mediators are treated as causally independent, causally dependent, or analyzed as a whole. The proposed approach can therefore be applied to broader empirical settings than are possible with existing approaches. Second, in contrast to the simulation approach developed by Imai et al. (2010), the imputation approach does not require modeling the conditional distributions of the mediators given their antecedent variables. This is especially appealing because in many political science applications, the mediators of interest are continuous and/or multivariate, making it practically difficult to model their conditional distributions. The imputation approach, instead, involves modeling only the conditional means of the outcome variable itself, given treatment, pretreatment confounders, and varying sets of mediators. Estimating conditional means as opposed to distributions is substantially less demanding in terms of both statistical power and the assumptions required, and the analyst needs correct modeling assumptions only for the outcome variable, not for any of the mediators. Moreover, these models can be fit via any method of the analyst's choice, be it linear regression, generalized linear models (GLM), or, as we will illustrate, data-adaptive methods such as Bayesian additive regression trees (BART; Chipman, George, and McCulloch 2010; Hill 2011).

Third, we propose a set of bias formulas for assessing the sensitivity of estimated PSEs to the unconfoundedness assumptions required. Although these assumptions are customary in the mediation literature (VanderWeele 2015), it is never possible to completely rule out the presence of unobserved confounding in many empirical settings (Bullock, Green, and Ha 2010). To address this limitation, we develop a bias factor approach for conducting sensitivity analysis with regard to unobserved confounding for the mediator-outcome relationships-which may occur in both experimental and observational studies. As an extension of the bias formulas developed by VanderWeele (2010) for the single-mediator setting, our approach provides a set of general purpose formulas that allow us to calculate potential biases of the estimated PSEs due to unobserved confounding-regardless of the models used to estimate the PSEs.

Taken together, these methodological innovations represent a new, more general framework for analyzing causal mechanisms in empirical political science research. Our framework improves upon existing approaches (e.g., Imai et al. 2011) by allowing multiple mediators, offering a finer decomposition of the treatment effect into multiple PSEs, each corresponding to one of the mediators, and providing a method for sensitivity analysis. Applied researchers can adopt our framework to make richer inferences about how causal effects operate through multiple pathways. To facilitate practice, we offer an open-source R package, *paths*, for implementing all of the proposed methods, which is available at the Comprehensive R Archive Network (CRAN).

The rest of the article is organized as follows. For ease of exposition, we start with the case of two causally ordered mediators, for which we present a decomposition of the total effect of treatment into a set of PSEs, outline the assumptions needed for identifying these PSEs, and introduce an imputation approach to estimation. We next generalize the framework for defining, identifying, and estimating PSEs to the setting with an arbitrary number of causally ordered mediators. We then describe the bias factor approach to sensitivity analysis. Finally, we illustrate these methods using several empirical examples where researchers have endeavored to disentangle causal pathways in the presence of multiple causally dependent mediators.

### PATH-SPECIFIC CAUSAL EFFECTS

In political psychology, scholars study how issue framing, that is, a presenter's deliberate emphasis on certain aspects of a political issue, shapes citizens' attitudes and behavior (Chong and Druckman 2007; Nelson, Oxley, and Clawson 1997b). An important debate in this literature concerns whether issue framing affects citizens' opinions by altering their beliefs about the issue (hereafter the "belief" mediator) or by changing their perceived importance of different issue-related considerations (hereafter the "importance" mediator) (e.g., Druckman and Nelson 2003; Nelson, Clawson, and Oxley 1997; Nelson and Oxley 1999; Slothuus 2008). To assess the relative importance of these two mechanisms, Slothuus (2008) conducted a survey experiment on a sample of 408 Danish students. Specifically, the author examined how two versions of a newspaper article on a social welfare reform bill-one highlighting the reform's purported positive effect on job creation (the "job frame") and the other emphasizing its negative impact on the poor (the "poor frame")—affect the respondent's support for the reform. After randomly assigning respondents to either the job frame or the poor frame, the author asked them a series of 5-pointscale questions to measure (a) their beliefs about why some people receive welfare benefits, or who is responsible for the situation of welfare recipients, and (b) their perceived importance of competing issue-related considerations (e.g., work incentives vs. living conditions among the poor). Finally, the author measured the outcome variable by asking the respondents whether and to what extent they support the proposed welfare reform.

In this study, the author implicitly assumes that the belief mediator and the importance mediator are causally independent. This assumption would be violated if, for example, issue framing induced respondents to modify their beliefs about why some people received welfare benefits, and, in turn, their modified beliefs caused a change in their perceived importance of competing considerations. In fact, this is a major concern in the framing effects literature. As Miller (2007, 711-12) points out on the basis of her experimental study, "individuals use information obtained from the media to evaluate how important issues are," and "when media exposure to an issue causes negative emotional reactions about the issue, increased importance judgments will follow." Moreover, Imai and Yamamoto's (2013, 153) reanalyses of Slothuus's data suggest that the independence assumption is unlikely to hold in this application. If this is the case, the ACME of the importance mediator cannot be nonparametrically identified, since the belief mediator acts as a treatment-induced confounder between the importance mediator and the outcome. Yet, as we will show, we can still identify the strength of the causal path *issue frame*  $\rightarrow$  *importance*  $\rightarrow$  *support for welfare reform*, which represents the amount of treatment effect operating via the perceived importance of competing considerations above and beyond that operating via the respondent's issue-related beliefs. This quantity is substantively important because it reflects the independent role of the importance mediator in transmitting the framing effect.

# **Path-specific effects**

We use A to denote a binary treatment, Y an outcome of interest, and X a vector of observed pretreatment confounders. Although our framework can accommodate an arbitrary number of mediators, for ease of exposition, we first consider the case where two (sets of) mediators,  $M_1$  and  $M_2$ , lie on the causal paths from A to Y. We assume that  $M_1$  precedes  $M_2$ , such that no component of  $M_2$  can causally affect any component of  $M_{1}$ .<sup>1</sup> A causal DAG that is consistent with the hypothesized relationships between these variables is shown in the top panel of figure 1. In Slothuus's (2008) study on issueframing effects, A represents the issue frame presented to the respondent, Y represents the respondent's support for the proposed welfare reform,  $M_1$  represents the respondent's beliefs about why some people receive welfare benefits, and  $M_2$ represents the respondent's perceived importance of competing considerations.

In this DAG, four possible paths exist from the treatment to the outcome, as shown in the lower panels of figure 1: (a)  $A \to Y$ , (b)  $A \to M_2 \to Y$ , (c)  $A \to M_1 \to Y$ , and (d)  $A \to M_1 \to M_2 \to Y$ . If the mediators  $M_1$  and  $M_2$  are causally independent, that is, if they do not affect each other, the last path does not exist. In this case, the total effect of Aon Y can be partitioned into the effect operating through  $M_1$  $(A \to M_1 \to Y)$ , the effect operating through  $M_2$   $(A \to M_2 \to Y)$ , and a "direct" effect not operating through  $M_1$  or  $M_2$   $(A \to Y)$  (Imai and Yamamoto 2013). However, in the general case where  $M_1$  and  $M_2$  are causally dependent, it is not possible to partition the mediating effects of  $M_1$  and  $M_2$ into their respective components, since some of the total effect of A on Y operates through both  $M_1$  and  $M_2$ , as represented by the path  $A \to M_1 \to M_2 \to Y$ .

To define the PSEs formally, we use the potential outcomes notation. Specifically, we use  $Y(a, m_1, m_2)$  to denote

<sup>1.</sup> Note that  $M_1$  and  $M_2$  can each consist of multiple variables and that the causal relationships among the component variables can be left unspecified, as long as  $M_1$  causally precedes  $M_2$ .



Figure 1. Causal relationships with two causally ordered mediators; A denotes the treatment, Y denotes the outcome of interest, X denotes a vector of pretreatment covariates, and  $M_1$  and  $M_2$  denote two causally ordered mediators. The confounding arcs between X and each of the other nodes are omitted in subgraphs  $\alpha$ -d.

the potential outcome under treatment status *a* and mediator values  $M_1 = m_1$  and  $M_2 = m_2$ ,  $M_2(a, m_1)$  to denote the potential value of the mediator  $M_2$  under treatment status *a* and mediator value  $M_1 = m_1$ , and  $M_1(a)$  to denote the potential value of the mediator  $M_1$  under treatment status *a*. This notation allows us to define nested counterfactuals. For example,  $Y(1, M_1(0), M_2(0, M_1(0)))$  represents the potential outcome in the hypothetical scenario where the unit was treated but the mediators  $M_1$  and  $M_2$  were set to values they would have taken had the subject not been treated. Further, if we let Y(a) denote the potential outcome when treatment status is set to *a* and the mediators  $M_1$  and  $M_2$  take on their "natural" values under treatment status *a* (i.e.,  $M_1(a)$  and  $M_2(a, M_1(a)))$ , we have  $Y(a) = Y(a, M_1(a), M_2(a, M_1(a)))$  by definition.

Under the above notation, the average total effect (ATE) of A on Y can be written as a telescoping sum (Vander-Weele, Vansteelandt, and Robins 2014):

$$\begin{split} \mathbb{E}[Y(1) - Y(0)] &= \mathbb{E}[Y(1, M_1(1), M_2(1, M_1(1))) - Y(0, M_1(0), M_2(0, M_1(0)))] \\ &= \underbrace{\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0))) - Y(0, M_1(0), M_2(0, M_1(0)))]}_{A \to Y} \\ &+ \underbrace{\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0))) - Y(1, M_1(0), M_2(0, M_1(0)))]}_{A \to M_1 \to Y_1 \to M_1 \to Y_1 \to M_1 \to M_2 \to Y} \\ &+ \underbrace{\mathbb{E}[Y(1, M_1(1), M_2(1, M_1(1))) - Y(1, M_1(0), M_2(1, M_1(0)))]}_{A \to M_1 \to Y_1 \to M_1 \to M_2 \to Y} \\ &\equiv \tau_{A \to Y} + \tau_{A \to M_2 \to Y} + \tau_{A \to M_1 \to Y}. \end{split}$$
(1)

The three terms in equation (1) represent the PSEs for causal paths  $A \rightarrow Y$ ,  $A \rightarrow M_2 \rightarrow Y$ , and  $A \rightarrow M_1 \rightsquigarrow Y$ , respectively, with a straight arrow denoting a single direct path and a squiggly arrow representing a combination of multiple paths.<sup>2</sup> Specifically, the first term  $(\tau_{A \rightarrow Y})$  corresponds to the amount of

treatment effect if the mediators  $M_1$  and  $M_2$  were set to values they would have taken under treatment status A = 0 for each unit, representing the causal path  $A \rightarrow Y$ . The second term  $(\tau_{A \rightarrow M_2 \rightarrow Y})$  corresponds to the amount of treatment effect operating through the mediator  $M_2$  under treatment status A = 1 and mediator status  $M_1 = M_1(0)$ , representing the causal path  $A \rightarrow M_2 \rightarrow Y$ . The last term  $(\tau_{A \rightarrow M_1 \rightarrow Y})$  corresponds to the amount of treatment effect operating through the mediator  $M_1$  under treatment status A = 1. It represents the causal path  $A \rightarrow M_1 \rightarrow Y$ , or the combination of the causal paths  $A \rightarrow M_1 \rightarrow Y$  and  $A \rightarrow M_1 \rightarrow M_2 \rightarrow Y$ .

Although four causal paths exist from A to Y, equation (1) partitions the ATE into only three components:  $\tau_{A \to Y}$ ,  $\tau_{A \to M_2 \to Y}$ , and  $\tau_{A \to M_1 \to Y}$ . In particular, the last component  $\tau_{A \to M_1 \to Y}$  encompasses both the causal path  $A \to M_1 \to Y$  and the causal path  $A \to M_1 \to M_2 \to Y$ . It reflects the overall mediating effect of  $M_1$ , some of which may also operate through  $M_2$ . By contrast, the component  $\tau_{A \to M_2 \to Y}$  captures only the causal path  $A \to M_2 \to Y$ , but not  $A \to M_1 \to$  $M_2 \to Y$ . Thus it should not be interpreted as the overall mediating effect of  $M_2$ . Instead, it reflects the "independent" mediating effect of  $M_2$ , that is, the mediating effect of  $M_2$  above and beyond that of  $M_1$ .

Thus, in the issue-framing example,  $\tau_{A \to Y}$  reflects the direct effect of issue framing on the respondent's support for welfare reform, that is, the fraction of the total effect operating neither through the belief mediator nor through the importance mediator;  $\tau_{A \to M, \to Y}$  reflects the effect of issue framing operating only through changing the respondent's perceived importance of competing considerations, and  $\tau_{A \to M, \to Y}$  reflects the effect of

<sup>2.</sup> Equation (1) is not the only way of defining the PSEs for the causal paths  $A \rightarrow Y$ ,  $A \rightarrow M_2 \rightarrow Y$ , and  $A \rightarrow M_1 \rightsquigarrow Y$ . An alternative decomposition, for example, can be obtained by switching the 0s and 1s in eq. (1) and then flipping the signs of both sides. In general, when the treatment

and the mediators have an interaction effect on the outcome, the PSEs defined by these alternative decompositions will be different. We focus on eq. (1) in the main text and illustrate the above alternative decomposition in app. F.

issue framing operating through changing the respondent's beliefs about the issue, regardless of whether the modified beliefs subsequently change the perceived importance of competing considerations.

### Identification

Following Pearl (2009), we use a DAG to denote a nonparametric structural equation model with mutually independent errors. In this framework, the top panel of figure 1 corresponds to a set of nonparametric structural equations that underlie our key identification assumption: no confounding exists for any of the treatment-mediator, treatment-outcome, and mediator-outcome relationships after conditioning on their antecedent variables (see app. A). This assumption is much stronger than the standard ignorability assumption that researchers often invoke to identify the ATE in observational studies. Unlike the standard ignorability assumption, which stipulates the conditional independence between treatment and potential outcomes, this assumption involves multiple conditional independence relationships, some of which pertain to conditional independence between the so-called crossworld counterfactuals, such as  $Y(a, m_1, m_2) \perp M_1(a_1) \mid X, A$ for any  $a_1, a_1, m_1, m_2$ . Such cross-world independence relationships will generally be violated when posttreatment confounders are present for any of the mediator-outcome relationships (Richardson and Robins 2013). Thus, in practice, to reduce the bias due to potential posttreatment confounding, we recommend that all observed posttreatment variables be included as components of  $M_1$  or  $M_2$ , depending on the hypothesized causal order among these variables. Finally, we note that our identification assumption does not rule out all forms of unobserved confounding for the causal effects of X on its descendants. For example, unobserved variables are permitted (although not shown) in figure 1 that affect both *X* and *Y*.

Under the above assumption, it can be shown that the PSEs defined by equation (1) are nonparametrically identified (Avin et al. 2005). To identify the components of equation (1), it suffices to identify the counterfactual expectation  $\mathbb{E}[Y(a, M_1(a_1), M_2(a_2, M_1(a_1)))]$  for any combination of  $a, a_1, a_2 \in \{0, 1\}$ . As proved in appendix A, this quantity can be written as a function of observed variables:

$$\mathbb{E}[Y(a, M_1(a_1), M_2(a_2, M_1(a_1)))]$$
  
=  $\iiint \mathbb{E}[Y|x, a, m_1, m_2]f(m_2|x, a_2, m_1)f(m_1|x, a_1)f(x)dm_2dm_1dx,$   
(2)

where  $f(\cdot)$  denotes a probability density/mass function. This equation generalizes Pearl's (2001) mediation formula to the case of two (sets of) causally dependent mediators (see also Daniel et al. 2015).

Note that the last term in equation (1), that is,  $\tau_{A \to M, \rightsquigarrow Y}$ , reflects the combination of the causal paths  $A \rightarrow M_1 \rightarrow Y$ and  $A \rightarrow M_1 \rightarrow M_2 \rightarrow Y$ . Without additional assumptions, the PSEs for the paths  $A \to M_1 \to Y$  and  $A \to M_1 \to$  $M_2 \rightarrow Y$  cannot be separately identified. In the issue-framing study, for example, we can identify the overall mediating effect via the respondent's beliefs about the issue  $(A \rightarrow M_1 \rightsquigarrow Y)$ , but we cannot pinpoint how much of this mediating effect further operates through the perceived importance of competing considerations  $(A \rightarrow M_1 \rightarrow M_2 \rightarrow Y)$ . Similarly, we can identify the "independent" mediating effect via the respondent's perceived importance of competing considerations  $(A \rightarrow M_2 \rightarrow Y)$ , but we cannot gauge the overall effect of the importance mediator, which involves both  $A \rightarrow M_2 \rightarrow Y$  and  $A \rightarrow M_1 \rightarrow M_2 \rightarrow Y$ . Nonetheless, the independent mediating effect is arguably more interesting here because it reflects the effect of the importance mediator above and beyond that of the belief mediator-an effect that would persist even if issue framing did not affect the respondent's beliefs about what had caused the plight of welfare recipients.

# Comparison with existing approaches

Existing work on causal mediation analysis with multiple mediators has focused on the ACME via each of the mediators, instead of the PSEs. For example, Imai and Yamamoto (2013) consider the following decomposition of the ATE:

$$\mathbb{E}[Y(1) - Y(0)] = \mathbb{E}\left[\underbrace{Y(1, M_{1}(1), M_{2}(0, M_{1}(0)))] - \mathbb{E}[Y(0, M_{1}(0), M_{2}(0, M_{1}(0)))]}_{A \to Y; A \to M_{1} \to Y} + \underbrace{\mathbb{E}[Y(1, M_{1}(1), M_{2}(1, M_{1}(1)))] - \mathbb{E}[Y(1, M_{1}(1), M_{2}(0, M_{1}(0)))]}_{A \to M_{2} \to Y; A \to M_{1} \to M_{2} \to Y} \\ \equiv \mathrm{ADE}_{M_{1}}(0) + \mathrm{ACME}_{M_{1}}(1).$$
(3)

Here,  $ACME_{M_2}(1)$  represents the amount of treatment effect operating through  $M_2$  (under treatment status A = 1), whether the effect also operates through  $M_1$  or not. Similarly,  $ADE_{M_2}(0)$  reflects the amount of treatment effect that does not operate through  $M_2$ , regardless of  $M_1$ .

The above decomposition is useful when the researcher's substantive interest lies solely in the mediator  $M_2$ , whereas the other mediator  $M_1$  is purely a nuisance that needs to be accounted for due to the confounding it causes between  $M_2$  and Y. A limitation of this approach, however, is that neither the ACME nor the ADE for  $M_2$  can be nonparametrically identified because  $M_1$  is a treatment-induced confounder of the relationship between  $M_2$  and Y. Moreover, empirical researchers are often in a situation where both  $M_1$  and  $M_2$  are of substantive interest, making it inappropriate to treat the mediator  $M_1$  as purely a nuisance.

In contrast, our proposed approach begins with the following alternative decomposition:

$$\mathbb{E}[Y(1) - Y(0)] = \underbrace{\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0))) - Y(0, M_1(0), M_2(0, M_1(0)))]}_{A \to Y; A \to M_1 \to Y} \\ + \underbrace{\mathbb{E}[Y(1, M_1(1), M_2(1, M_1(1))) - Y(1, M_1(0), M_2(1, M_1(0)))]}_{A \to M_1 \to Y; A \to M_1 \to M_2 \to Y} \\ \equiv \operatorname{ADE}_{M_i}(0) + \operatorname{ACME}_{M_i}(1),$$

$$(4)$$

where the two terms represent the ADE and ACME with respect to  $M_1$ , rather than  $M_2$ . A comparison of equation (4) with equation (1) reveals that  $ACME_{M_1}(1) = \tau_{A \to M_1 \to Y}$  and  $ADE_{M_1}(0) = \tau_{A \to Y} + \tau_{A \to M_2 \to Y}$ . Thus, our proposed approach allows us to estimate the amount of treatment effect that operates through  $M_1$  (i.e.,  $ACME_{M_1}(1)$ ), and, furthermore, to decompose the ADE for  $M_1$  into the effect operating through  $M_2$  but not through  $M_1$  ( $\tau_{A \to M_2 \to Y}$ ) and the effect operating neither through  $M_1$  nor through  $M_2$  ( $\tau_{A \to Y}$ ).

Table 1 summarizes how the PSEs relate to the ACMEs and ADEs with respect to  $M_1$  and  $M_2$ . We can see that the PSEs generally represent further decompositions of the ACMEs and ADEs. The table also shows that, if the mediators  $M_1$  and  $M_2$  are causally independent, that is, if the causal path  $A \rightarrow$  $M_1 \rightarrow M_2 \rightarrow Y$  (bottom right) does not exist, the ACMEs for  $M_1$  and for  $M_2$  will amount to PSEs specific to these mediators. The prevailing practice of treating different mediators as causally independent can therefore be seen as a special case of our approach. Thus, even in applications where the analyst is willing to assume that different mediators are causally independent, our framework for defining, identifying, and estimating PSEs can still be applied, except that the estimated PSEs can now be equivalently interpreted as the overall indirect effects via the corresponding mediators.

Finally, we note that the PSEs are distinct from the controlled direct effect (CDE), an estimand recently advocated for analyzing causal mechanisms in political science (e.g., Acharya et al. 2016a; Zhou and Wodtke 2019). The CDE measures the strength of the causal relationship between a treatment and outcome when a mediator is fixed at a given value for all units. Compared with the ACME, an advantage of the CDE is that it can still be identified in the presence of posttreatment confounders of the mediator-outcome relationship, provided that these confounders are observed. In practice, the CDE is useful in contexts where it is reasonable to entertain a policy intervention that sets the mediator at a given value for all units. However, unlike the ACME and PSEs, the CDE does not directly gauge the strengths of different causal paths from the treatment to the outcome.

#### **ESTIMATING PATH-SPECIFIC EFFECTS**

To date, most estimation methods for causal mediation analysis have focused on the setting involving a single mediator or a set of mediators considered as a whole. In this case, the key quantity for identifying the ACME and ADE is the nested counterfactual,  $\mathbb{E}[Y(a, M(a^*))]$ , where *M* is the sole mediator of interest, and  $a, a^* \in \{0, 1\}$ . Various estimators have been proposed for this quantity (e.g., Imai et al. 2010; Tchetgen Tchetgen and Shpitser 2012). In particular, Vansteelandt, Bekaert, and Lange (2012) introduced an imputation method, which involves (a) fitting a model of the observed outcome conditional on treatment, the mediator, and a set of pretreatment confounders; (b) using this model to impute the counterfactual outcome  $Y(a, M(a^*))$  for each unit with treatment status  $a^*$ ; and (c) fitting a model of these imputed counterfactuals conditional on the pretreatment confounders. Albert (2012) proposed a similar method, in which the first two steps are the same and the last step involves an inverse-probability-of-treatment-weighted average of the imputed counterfactuals.

Here, we develop a method for estimating the PSEs by extending these imputation-based methods to the case of

Table 1. Path-Specific Effects (PSEs) that Compose the Average Causal Mediation Effects (ACMEs) and Average Direct Effects (ADEs) in the Presence of Two Causally Dependent Mediators

	ADE for $M_2$	ACME for $M_2$
ADE for $M_1$	PSE for $A \to Y$	PSE for $A \to M_2 \to Y$
ACME for $M_1$	PSE for $A \to M_1 \to Y$	PSE for $A \to M_1 \to M_2 \to Y$

Note. Under the assumption that the treatment and mediators do not have interaction effects (i.e., the nointeraction assumption; Robins 2003), the PSE for each path is uniquely defined (i.e., they do not depend on the reference levels chosen for the other paths), and each of the ADEs and ACMEs equals the sum of the two component PSEs shown in the same row/column in the table. Without the no-interaction assumption, these relationships still hold, although the rows and the columns correspond to different PSE decompositions. The PSE decomposition defined by eq. (1) corresponds to the rows; that is,  $\tau_{A\rightarrow Y} + \tau_{A\rightarrow M_i \rightarrow Y} = ADE_{M_i}(0)$ , and  $\tau_{A\rightarrow M_i \rightarrow Y} = ACME_{M_i}(1)$ . potential outcomes involving multiply nested counterfactuals. We start with the setting of two causally ordered mediators, as shown in figure 1, and discuss the general case of  $K(\geq 1)$ causally ordered mediators in the next section.

# An imputation approach

Consider equation (1). Because the PSEs  $\tau_{A \to Y}$ ,  $\tau_{A \to M_1 \to Y}$ ,  $\tau_{A \to M_1 \to Y}$  are governed by four counterfactual means  $\mathbb{E}[Y$ (0)],  $\mathbb{E}[Y(1)]$ ,  $\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))]$ , and  $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))]$ , it suffices to estimate each of these latter quantities. Given the assumption of no unobserved confounding for the treatment-outcome relationship, the first two quantities,  $\mathbb{E}[Y(0)]$  and  $\mathbb{E}[Y(1)]$ , can be estimated via any conventional method of covariate adjustment, such as matching, weighting, or regression. Or, in experimental studies where treatment is randomly assigned, they can be estimated using simple averages of the observed outcome within the control and treatment groups.

Using the mediation formula (2), the latter two quantities,  $\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))]$  and  $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))]$ , can be written as

$$\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))] = \mathbb{E}[\mathbb{E}[\mathbb{E}[Y|X, A = 1, M_1, M_2]]$$
(5)
$$X, A = 0]]$$

$$\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))] = \mathbb{E}[\mathbb{E}[\mathbb{E}[Y|X, A = 1, M_1]] X, A = 0]].$$
(6)

A proof of these equations is given in appendix B. Thus, to evaluate these nested counterfactuals, we need only estimate (*a*) the conditional means  $\mathbb{E}[Y|X, A = 1, M_1, M_2]$  and  $\mathbb{E}[Y|X, A = 1, M_1]$  and (*b*) their own conditional means given the pretreatment confounders *X* among the untreated units (*A* = 0). After these estimates are obtained, the outermost expectations in equations (5) and (6) can be estimated using their sample analogs.

Alternatively, the nested counterfactuals above can be written as (see app. B)

$$\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))] = \mathbb{E}\left[\mathbb{E}[Y|X, A = 1, M_1, M_2] \frac{\Pr[A = 0]}{\Pr[A = 0|X]} | A = 0\right]$$
(7)

 $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))]$ 

$$= \mathbb{E}\bigg[\mathbb{E}[Y|X, A = 1, M_1] \frac{\Pr[A = 0]}{\Pr[A = 0|X]} |A = 0\bigg].$$
<sup>(8)</sup>

These equations suggest that to evaluate the nested counterfactuals, we need only estimate  $\mathbb{E}[Y|X, A = 1, M_1, M_2]$ ,  $\mathbb{E}[Y|X, A = 1, M_1]$ , and the probability ratio  $\Pr[A =$   $0]/\Pr[A = 0|X]$ . After these estimates are obtained, the outer expectation in equations (7) and (8) can be estimated using their sample analogs.

Hence, equations (5)–(6) and (7)–(8) suggest two different routes to estimating the nested counterfactuals  $\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))]$  and  $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))]$ . They can be seen as extensions of Vansteelandt et al.'s (2012) and Albert's (2012) imputation-based estimators for the ACME to the estimation of PSEs, respectively. Since the first procedure involves only model-based imputation and the second procedure involves both imputation and inverse probability weighting, we refer to them as a "pure imputation estimator" and an "imputation-based weighting estimator," respectively.

An important advantage of our proposed estimators over existing approaches to causal mediation (e.g., Imai et al. 2010) is that they do not require estimating the conditional densities/probabilities of the mediators. Our approach therefore obviates the problem of high instability and model sensitivity in the common empirical setting where the mediators  $M_1$  and  $M_2$  are multivariate and/or continuous. Moreover, the proposed approach only requires the analyst to correctly specify models for the outcome, not for any of the mediators. This will likely reduce the possibility of model misspecification, since researchers often have better substantive understandings of the generative process for the outcome variable itself than for the mediators. Below, we provide a step-by-step guide to the implementation of these estimators in experimental and observational studies.

# Implementation

First, consider the experimental setting where treatment is randomly assigned. In this case, because treatment status A is independent of the pretreatment confounders X, both equations (5)–(6) and equations (7)–(8) reduce to

$$\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))] = \mathbb{E}[\mathbb{E}[Y|X, A = 1, M_1, M_2] \\ |A = 0] \\ \mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))] = \mathbb{E}[\mathbb{E}[Y|X, A = 1, M_1] \\ |A = 0].$$

Thus, in experimental studies, the imputation approach can be implemented as follows:

- 1. Estimate  $\mathbb{E}[Y(0)]$  and  $\mathbb{E}[Y(1)]$  using sample averages of the observed outcome within the control and treatment groups.
- 2. Fit an outcome model conditional on the treatment A, the mediators  $M_1$  and  $M_2$ , and the pretreatment confounders X. For the control units, impute their

counterfactual outcome  $Y(1, M_1(0), M_2(0, M_1(0)))$ by setting A = 1 (while using their observed values of  $X, M_1$ , and  $M_2$ ). The average of these imputed counterfactuals constitutes an estimate of the counterfactual mean  $\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))]$ .

- 3. Fit an outcome model conditional on the treatment *A*, the mediator  $M_1$ , and the pretreatment confounders *X*. For the control units, impute their counterfactual outcome *Y*(1,  $M_1(0)$ ,  $M_2(1, M_1(0))$ ) by setting A = 1(while using their observed values of *X*,  $M_1$ ). The average of these imputed counterfactuals constitutes an estimate of the counterfactual mean  $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))]$ .
- 4. Calculate the PSEs as defined in equation (1).

In practice, to reduce model dependence, data-adaptive/machine learning methods can be used to fit the outcome models in steps 2 and 3. This can be useful for mitigating bias due to model misspecification, especially when nonlinear or interaction effects are likely to exist (Glynn 2012). Approximate standard errors and confidence intervals can be constructed by bootstrapping steps 1–4.

In observational studies, the pure imputation estimator (eqq. [5]-[6]) and the imputation-based weighting estimator (eqq. [7]-[8]) do not coincide. The pure imputation estimator can be implemented as follows:

- 1. Fit an outcome model conditional on the treatment *A* and the pretreatment confounders *X*. Estimate  $\mathbb{E}[Y(0)]$  and  $\mathbb{E}[Y(1)]$  by averaging the predicted values  $\hat{\mathbb{E}}[Y|X, A = 0]$  and  $\hat{\mathbb{E}}[Y|X, A = 1]$  among all units, respectively.
- 2. Fit an outcome model conditional on the treatment *A*, the mediators  $M_1$  and  $M_2$ , and the pretreatment confounders *X*. For the untreated units, impute their counterfactual outcome  $Y(1, M_1(0), M_2(0, M_1(0)))$  by setting A = 1 (while using their observed values of *X*,  $M_1$ , and  $M_2$ ).
- 3. Fit a model of the imputed counterfactual  $\hat{Y}(1, M_1(0), M_2(0, M_1(0)))$  conditional on *X* among the untreated units, and obtain model-based predictions for all units. The average of these predictions constitutes an estimate of the counterfactual mean  $\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))]$ .
- 4. Fit an outcome model conditional on the treatment *A*, the mediator  $M_1$ , and the pretreatment confounders *X*. For the untreated units, impute their counterfactual outcome  $Y(1, M_1(0), M_2(1, M_1(0)))$  by setting A = 1 (while using their observed values of *X* and  $M_1$ ).

- 5. Fit a model of the imputed counterfactual  $\hat{Y}(1, M_1(0), M_2(1, M_1(0)))$  conditional on *X* among the untreated units, and obtain model-based predictions for all units. The average of these predictions constitutes an estimate of the counterfactual mean  $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))].$
- 6. Calculate the PSEs as defined in equation (1).

The imputation-based weighting estimator requires an estimate of the probability ratio  $\Pr[A = 0] / \Pr[A = 0|X]$ . To that end, we can first estimate the numerator  $\Pr[A = 0]$  using its sample analog and the denominator  $\Pr[A = 0|X]$  using a propensity score model for the treatment. Then, repeat the above procedure while replacing steps 3 and 5 with the following steps, each of which utilizes an inverse-probability weighted average instead of model-based predictions:

- 3\*. Estimate  $\mathbb{E}[Y(1, M_1(0), M_2(0, M_1(0)))]$  using a weighted average of the imputed counterfactuals  $\hat{Y}(1, M_1(0), M_2(0, M_1(0)))$  among the untreated units, with weight  $\hat{\Pr}[A = 0]/\hat{\Pr}[A = 0|X]$ .
- 5\*. Estimate  $\mathbb{E}[Y(1, M_1(0), M_2(1, M_1(0)))]$  using a weighted average of the imputed counterfactuals  $\hat{Y}(1, M_1(0), M_2(1, M_1(0)))$  among the untreated units, with weight  $\hat{\Pr}[A = 0]/\hat{\Pr}[A = 0|X]$ .

To reduce model dependence, data-adaptive/machine learning methods can be used to fit the outcome models, and, for the imputation-based weighting estimator, also the propensity score model. Approximate standard errors and confidence intervals can be constructed by bootstrapping steps 1–6.

# Alternative estimation methods

In statistics and epidemiology, several alternative methods have been proposed to estimate PSEs. VanderWeele et al. (2014) proposed a weighting estimator that involves estimating the conditional densities/probabilities of the mediators  $M_1$  and  $M_2$  given their antecedent variables. This estimator, however, is difficult to use when either or both of the mediators is multivariate or continuous, in which case estimates of the conditional density/probability functions  $f(m_2|x)$  $(a, m_1)$  and  $f(m_1|x, a)$  tend to be unstable and highly sensitive to model misspecification (Kang and Schafer 2007). Moreover, even if models for these conditional densities/probabilities are correctly specified, weighting estimators are often inefficient and susceptible to large finite sample biases (Cole and Hernán 2008; Zhou and Wodtke 2020). Miles et al. (2017) proposed a maximum likelihood estimator that is generally more efficient than the weighting estimator. However, like the weighting estimator, the maximum likelihood estimator also involves estimating the conditional densities/probabilities of the mediators, making it difficult to use in the presence of multivariate/continuous mediators.

For a specific PSE in the two-mediator setting, Miles et al. (2020) developed a semiparametric estimator based on the efficient influence function of the estimand. Compared with the weighting, imputation, and maximum likelihood estimators, this semiparametric estimator is more robust to model misspecification in that it remains consistent even if some of the treatment/mediator/outcome models on which it depends are misspecified. Moreover, when data-adaptive methods, combined with sample splitting, are used to fit the nuisance functions, theoretically valid standard errors can be constructed from the sample variance of the estimated influence function (Chernozhukov et al. 2018; Zheng and van der Laan 2011). In related work, we have extended this approach for more general PSEs in settings with more than two mediators (Zhou 2022).

# GENERALIZATION TO $K(\geq 1)$ CAUSALLY ORDERED MEDIATORS

So far, we have assumed that two mediators lie on the causal paths from *A* to *Y*. The definition, identification, and estimation of PSEs can be generalized to the setting where the treatment effect operates through *K* causally ordered (sets of) mediators. In what follows, we denote these mediators as  $M_1$ ,  $M_2$ , ...  $M_K$  and assume that for any i < j,  $M_i$  precedes  $M_j$ , such that no component of  $M_j$  can causally affect any component of  $M_i$ . In addition, let us denote  $\mathcal{M}_0 = \emptyset$ ,  $\mathcal{M}_k = \{M_1, M_2, \ldots, M_k\}$ , and  $\mathcal{M}_k(a) = \{M_1(a), M_2(a), \ldots, M_k(a)\}$ , where  $M_k(a) = M_k(a, M_1(a), M_2(a, M_1(a)), \ldots)$  by definition.

The ATE of A on Y can now be decomposed as

$$\mathbb{E}[Y(1) - Y(0)] = \underbrace{\mathbb{E}[Y(1, \mathcal{M}_{K}(0)) - Y(0)]}_{A \to Y} + \sum_{k=1}^{K} \underbrace{\mathbb{E}[Y(1, \mathcal{M}_{k-1}(0)) - Y(1, \mathcal{M}_{k}(0))]}_{A \to \mathcal{M}_{k} \rightsquigarrow Y} = \tau_{A \to Y} + \sum_{k=1}^{K} \tau_{A \to \mathcal{M}_{k} \rightsquigarrow Y}.$$
(9)

We assume that the variables  $A, M_1, \ldots, M_K$ , Y follow a DAG that encodes a nonparametric structural equation model with mutually independent errors, such that no unobserved confounding exists for any of the treatment-mediator, treatment-outcome, and mediator-outcome relationships.

To identify the components of equation (9), it suffices to identify the counterfactual expectations  $\mathbb{E}[Y(0)]$ ,  $\mathbb{E}[Y(1)]$ , and  $\mathbb{E}[Y(1, \mathcal{M}_k(0))]$  for all  $k \in \{1, ..., K\}$ . Similar to the twomediator setting, these counterfactual expectations can be expressed as functions of observed variables:

$$\mathbb{E}[Y(1,\mathcal{M}_k(0))] = \mathbb{E}[\mathbb{E}[\mathbb{E}[Y|X,A=1,\mathcal{M}_k]|X,A=0]] \quad (10)$$

$$= \mathbb{E}[\mathbb{E}[Y|X, A = 1, \mathcal{M}_{k}] \frac{\Pr[A = 0]}{\Pr[A = 0|X]} | A = 0].$$
(11)

Equations (10) and (11) suggest a pure imputation estimator and an imputation-based weighting estimator, respectively, for the PSEs defined in equation (9). The algorithms for implementing these estimators are detailed in appendix C. In the "Empirical Illustrations" section, we illustrate the case of three causally ordered mediators (K = 3) with an empirical example on the legacy of political violence.

# SENSITIVITY ANALYSIS FOR UNOBSERVED CONFOUNDING

The identification of PSEs is premised on a nonparametric structural equation model in which no unobserved confounding exists for any of the treatment-outcome, treatmentmediator, and mediator-outcome relationships. In observational studies where treatment is not randomly assigned, all of these assumptions must be scrutinized. If any are violated, estimates of PSEs will likely be biased. In experimental studies where treatment is randomly assigned, the assumptions of no unobserved treatment-outcome and treatment-mediator confounding are met by design, but it remains possible that some of the mediator-outcome relationships are confounded by unobserved factors. To address this concern, we develop a bias factor approach to sensitivity analysis that allows us to assess the degree to which estimates of PSEs are robust to unobserved confounding of the mediator-outcome relationships. This approach can be seen as an extension of the bias formulas developed by VanderWeele (2010) to the setting of multiple causally dependent mediators. For ease of exposition, we focus on the case of two causally ordered mediators in this section and discuss the general case of  $K(\geq 1)$  causally ordered mediators in appendix D.

Suppose there exists an unobserved confounder that affects both the mediators  $(M_1, M_2)$  and the outcome *Y*, but not the treatment. Figure 2 shows a causal diagram reflecting the relationships between these variables, where the baseline covariates *X* are kept implicit. In this case, because no unobserved confounding exists for the treatment-outcome relationship, the ATE is still identified, and their estimates are not subject to confounding bias. We now assess the biases for the PSEs via  $M_1$  and via  $M_2$ . Following VanderWeele (2010), we make three simplifying assumptions: (*a*) *U* is binary; (*b*) the average "effect" of *U* on *Y*, conditional on baseline covariates *X*, the treatment *A*, and the mediator set  $\mathcal{M}_k = \{M_1, \dots, M_k\}$ 



Figure 2. Causal relationships with two causally ordered mediators where unobserved confounding exists for the relationship between mediators  $\{M_1, M_2\}$  and outcome Y; A denotes the treatment, Y denotes the outcome,  $M_i$  denotes mediator j. Baseline covariates X are kept implicit.

(where  $k \in \{1, 2\}$ ) is constant, which we denote by  $\gamma_k$ ; and (*c*) the difference in the prevalence of *U* between treated and untreated units, conditional on baseline covariates *X* and the mediator set  $\mathcal{M}_k$  (where  $k \in \{1, 2\}$ ), is constant, which we denote by  $\eta_k$ . Then, as shown in appendix D, estimates of the direct and path-specific effects without adjusting for *U* are subject to the following biases:

$$\operatorname{Bias}[\tau_{A \to Y}] = \gamma_2 \eta_2; \qquad (12)$$

$$\operatorname{Bias}[\tau_{A \to M_1 \to Y}] = -\gamma_1 \eta_1; \qquad (13)$$

$$\operatorname{Bias}[\tau_{A \to M_2 \to Y}] = \gamma_1 \eta_1 - \gamma_2 \eta_2. \tag{14}$$

These formulas (12)-(14) allow us to construct a range of bias-adjusted estimates for  $\tau_{A \to Y}$ ,  $\tau_{A \to M_1 \to Y}$ , and  $\tau_{A \to M_2 \to Y}$ across potential values of  $(\gamma_1, \gamma_2)$ , and  $(\eta_1, \eta_2)$ . In practice, we may focus on estimands that are of particular relevance to the research question. For example, if we are primarily interested in the robustness of the estimated PSE via  $M_1$ , that is,  $\hat{\tau}_{A \to M_1 \leftrightarrow Y}$ , we can identify the values of  $\gamma_1$  and  $\eta_1$  that would suffice to reduce it to zero. Alternatively, if we are primarily interested in the robustness of the estimated direct effect, we can identify the values of  $\gamma_2$  and  $\eta_2$  that would suffice to reduce  $\hat{\tau}_{A \to Y}$  to zero. In applications, we can also use observed covariates to suggest plausible values for the sensitivity parameters. For example, if we have an observed binary confounder  $Z \in X$ , we can fit a linear model of *Y* on *X*, *A*, and  $\mathcal{M}_k$ , whose coefficient on *Z* will provide a plausible value of  $\gamma_k$ . In the meantime, we can fit a linear model of Z on A,  $\mathcal{M}_k$ , and other components of X, whose coefficient on A will provide a plausible value of  $\eta_k$ . By combining these plausible values of  $\gamma_k$  and  $\eta_k$ , we can assess the amount of bias that would result if an unobserved variable "worked exactly like" Z in confounding the mediator-outcome relationships. In the next section, we illustrate these techniques with two empirical examples.

Although the bias formulas (12)–(14) are derived under the assumption that U affects both  $M_1$  and  $M_2$ , they are still applicable in the special case where U does not affect  $M_1$ . In this case, it can be shown that  $\eta_1 = 0$  (see app. D), leading to a simplification of equations (13)–(14):  $\operatorname{Bias}[\tau_{A \to M_1 \leftrightarrow Y}] = 0$ and  $\operatorname{Bias}[\tau_{A \to M_2 \to Y}] = -\gamma_2 \eta_2$ . The former result is expected because when *U* does not affect  $M_1$ , no unobserved confounding exists for the  $M_1$ -*Y* relationship, leading to unbiased estimates of the PSE  $\tau_{A \to M_1 \leftrightarrow Y}$ .

A common limitation to sensitivity analysis methods for unobserved confounding is the reliance on simplifying assumptions about the exact form of confounding, which are required for the sake of interpretability (e.g., Imbens 2003). Our proposed method is no exception. First, the unobserved confounder U is assumed to be a pretreatment variable. Thus the bias formulas cannot be used to assess the sensitivity of estimated PSEs to unobserved posttreatment confounders or, for that matter, to mismeasured mediators. For example, in the issue-framing study, the bias formulas cannot be used to assess bias due to measurement error when the measured belief and importance variables are noisy indicators of some true but latent values of beliefs and importance. Second, U is assumed to be binary. Thus the bias formulas do not directly apply to cases where unobserved confounders are known to be continuous or multivariate. Finally, by assuming that both  $\gamma_k$  and  $\eta_k$  are constant, we stipulate that the conditional expectation  $\mathbb{E}[Y|X, A, \mathcal{M}_k, U]$  depends on  $(X, A, \mathcal{M}_k)$ , and U additively, and that the conditional probability  $\Pr[U = 1]$  $[X, A, \mathcal{M}_k]$  depends on  $(X, \mathcal{M}_k)$ , and A additively. Given the stringency of these assumptions, the bias formulas (12)-(14) should best be viewed as an approximation of the true biases that would result from unobserved confounding.<sup>3</sup>

# **EMPIRICAL ILLUSTRATIONS**

We illustrate the proposed methods for estimation and sensitivity analysis by first reanalyzing Slothuus's (2008) data on

<sup>3.</sup> In app. E, we conduct a simulation study to investigate the performance of this approximation under plausible scenarios. The results suggest that the approximation is excellent under these scenarios.

issue-framing effects. We then revisit an observational study on the multigenerational effects of political violence (Lupu and Peisakhin 2017). In appendix G, we demonstrate the utility of our framework with an experimental study by Tomz and Weeks (2013), where the authors have attempted to isolate the mediating effect of morality in the democratic peace.

# **Issue-framing effects**

Using a survey experiment on a sample of Danish students, Slothuus (2008) found that individuals are substantially more supportive of a proposed welfare reform if they are exposed to a newspaper article that highlights its positive effect on job creation (the job frame) rather than one emphasizing its negative effect on the poor (the poor frame). To analyze the causal mechanisms underlying this effect, the author used a series of 5-point-scale questions to tap (a) the respondents' beliefs about why some people receive welfare benefits (the belief mediator) and (b) their perceived importance of five competing considerations directly related to welfare policy (the importance mediator). The author then conducted a mediation analysis under the assumption that the belief mediator and the importance mediator are causally independent. However, as noted previously, respondents' beliefs about welfare recipients likely influence their perceived importance of competing issue-related considerations. In the following analysis, we allow the two mediators to be causally dependent. Following the literature (Imai and Yamamoto 2013; Miller 2007), we treat respondents' beliefs about the issue as causally prior to their perceived importance of competing considerations. Under this assumption, the pathways that transmit the framing effect can be represented by a DAG akin to the top panel of figure 1.

In this DAG, the outcome, Y, is a measure of support for the proposed welfare reform on a 7-point scale; treatment, A, denotes whether the respondent receives the job frame rather than the poor frame; the mediator  $M_1$  includes measures of the respondent's beliefs about why some people receive welfare benefits, or who is responsible for those people's situation; the mediator  $M_2$  includes the respondent's ratings on the importance of five competing considerations related to welfare policy; finally, the pretreatment covariates X include measures of gender, education, political interest, ideology, political knowledge, and extremity of political values.<sup>4</sup> We control for a set of pretreatment covariates because, although treatment is randomly assigned, the mediator-outcome relationships may still be confounded by the respondent's baseline characteristics. Because treatment is randomly assigned in this study, we first estimate  $\mathbb{E}[Y(0)]$  and  $\mathbb{E}[Y(1)]$  using simple averages of the observed outcome within the control and treatment groups. We find that the average support for the proposed welfare reform (measured on a 7-point scale) is 4.3 among respondents exposed to the job frame and 3.16 among those exposed to the poor frame. The total effect of treatment, therefore, is about 1.14.

We estimate the PSEs for the paths  $A \rightarrow Y, A \rightarrow M_1 \rightsquigarrow Y$ , and  $A \rightarrow M_2 \rightarrow Y$  using the imputation approach described earlier. To allow for nonlinear and interaction effects, we use BART to fit the outcome models conditional on treatment, the pretreatment covariates, and varying sets of mediators (namely,  $\{M_1, M_2\}$  and  $\{M_1\}$ ). The results are shown in table 2. The estimated PSE via the belief mediator  $(A \rightarrow M_1 \rightsquigarrow Y)$  is 0.24 (95% CI: [-0.02, 0.52]), suggesting that the respondent's beliefs about the causes of the situation of welfare recipients have a relatively minor and statistically insignificant mediating effect. The estimated PSE via the importance mediator  $(A \rightarrow M_2 \rightarrow Y)$  is 0.18 (95% CI: [0.01, 0.36]), suggesting that the perceived importance of competing considerations plays an independent, albeit small, role in transmitting the effect of issue framing on policy support. Finally, we find that over half of the total effect appears to be "direct," that is, operating neither through the belief mediator nor through the importance mediator.

We now conduct a sensitivity analysis for the direct effect of issue framing on policy support. Suppose there exists a binary unobserved confounder U that affects respondents' beliefs about the issue, perceived importance of issuerelated considerations, as well as their support for welfare reform. Equation (12) indicates that in this scenario, the estimated direct effect is subject to a bias of  $\gamma_2\eta_2$ , where  $\gamma_2$ denotes the average effect of U on policy support (Y) conditional on treatment (A), the belief and importance mediators ( $M_1$  and  $M_2$ ), and the baseline covariates (X), and  $\eta_2$  denotes the difference in the prevalence of U between

Table 2. Estimates of Total and Path-Specific Effects of Issue Framing on Policy Support

	Estimate
Average total effect (ATE)	1.15 [.61, 1.65]
Through the belief mediator $(A \rightarrow M_1 \rightsquigarrow Y)$	.24 [02, .52]
Through the importance mediator	
$(A \to M_2 \to Y)$	.18 [.01, .36]
Direct effect $(A \rightarrow Y)$	.72 [.32, 1.08]

Note. Numbers in brackets represent 95% bootstrapped confidence intervals (1,000 iterations).

<sup>4.</sup> Detailed definitions of these variables are given in Slothuus (2008).

treated and untreated units conditional on the belief and importance mediators ( $M_1$  and  $M_2$ ) and the baseline covariates (X).

To obtain some intuition as to the signs of  $\gamma_2$  and  $\eta_2$ , let us consider U as a dummy variable indicating middle- or upperclass background, which might lead to stronger support for the proposed welfare reform, that is,  $\gamma_2 > 0$ . Since treatment is randomly assigned in this study, the prevalence of U should be similar between treated and untreated units. However, because both middle-/upper-class background (U) and the job frame (A) are supposed to affect beliefs about the issue  $(M_1)$ and perceived importance of competing considerations  $(M_2)$ , the conditional association between A and U given  $M_1$ ,  $M_2$ , and X can deviate from zero. Specifically, because  $M_1$  and  $M_2$  are both colliders of A and U, the conditional association between A and U might be negative—especially if the effects of U and A on the mediators are in the same direction. In this scenario, the bias  $\gamma_2 \eta_2$  would be negative, implying an underestimate of the direct effect. From this perspective, our finding that most of the framing effect does not operate through the belief mediator or the importance mediator appears robust.

We can also use observed binary covariates to obtain a range of plausible values for the sensitivity parameters  $\gamma_2$  and  $\eta_2$ . Here, we consider three such variables—gender, rightwing ideology, and limited political knowledge, where rightwing ideology and limited political knowledge are dummy variables obtained by dichotomizing the original measures of ideology and political knowledge at their medians. We

then use the procedures described in the preceding section to compute the values of  $\gamma_2$  and  $\eta_2$  that would result if the unobserved variable U "worked exactly like" each of these covariates in its confounding effect. Figure 3 shows the contours of bias-adjusted estimates of the direct effect at different values of  $\gamma_2$  and  $\eta_2$ , as well as those corresponding to an unobserved variable that mimics gender, right-wing ideology, and limited political knowledge in its confounding effect. We can see that the original estimate (0.72) can be explained away by unobserved confounding only when both  $\gamma_2$  and  $\eta_2$  are positive and much larger than their plausible values suggested by these observed covariates.

# The legacy of political violence

We now illustrate the imputation approach for tracing causal paths from observational data. We reanalyze Lupu and Peisakhin's (2017) data to examine the intergenerational pathways through which exposure to political violence shapes descendants' political attitudes. In 2014, these authors conducted a multigenerational survey of Crimean Tatars, a minority Muslim population living in Crimea, to study the legacy of political violence that occurred during the deportation of Crimean Tatars from their homeland to Central Asia in 1944. Due to starvation and infectious diseases, a sizable portion of the deportees died during or shortly after the deportation. Yet, "although all Crimean Tatars suffered the violence of deportation, some lost more family members along the way" (Lupu and Peisakhin 2017, 837). Leveraging this variation in violent victimization, the



Figure 3. Bias-adjusted estimates of the direct effect of issue framing on policy support. The contours represent the bias-adjusted estimates of the direct effect  $(\tau_{A\rightarrow\gamma})$  plotted as a function of  $\gamma_2$  and  $\eta_2$ . The gray area shows the values of  $\gamma_2$  and  $\eta_2$  that would reverse the sign of the estimated  $\tau_{A\rightarrow\gamma}$ . The annotated points represent the  $\gamma_2$  and  $\eta_2$  values that would result if the unobserved variable U "worked exactly like" one of the observed covariates in its confounding effect on the mediator-outcome relationships.

authors found that the grandchildren of individuals who suffered more deaths of family members support more strongly the Crimean Tatar political leadership, hold more hostile attitudes toward Russia, and participate more in politics.

To investigate the intergenerational pathways that transmit the legacy of political violence, the authors conducted an "implicit mediation analysis" by adding measures of the descendant's political identity into their main regression models and assessing the changes in the coefficients of ancestor victimization. This approach is potentially problematic, however, because descendants' political identities are likely shaped by the political identities of their parents and grandparents, which might also have a direct effect on descendant political attitudes and behavior. In other words, the identities of firstand second-generation respondents are posttreatment confounders of the mediator-outcome relationship, that is, the relationship between descendants' identities and their political attitudes and behavior, implying that the ACME via descendants' political identities cannot be nonparametrically identified.

In contrast to the authors' mediation analyses that focused on the political identity of the descendant as the only mediator, we treat the political identities of first-, second-, and third-generation respondents as three causally ordered mediators, and focus on the effect of ancestor victimization on the respondent's attitude toward Russia's annexation of Crimea. Our analytical framework can be represented by the DAG in figure 4. In this DAG, ancestor victimization (i.e., the treatment) denotes whether any family member of the first-generation respondent died during or shortly after the deportation due to poor conditions; the political identities of first-, second-, and third-generation respondents (i.e., the mediators) are measured by the intensity of their attachment to the Crimean Tatars as a social group, their association of that group with victimhood, and their perception of the threat posed by Russia; regime support (i.e., the outcome) denotes whether the third-generation respondent supported Russia's annexation of Crimea; finally, the pretreatment covariates include measures of the first generation respondent's family wealth, religiosity, attitudes toward the Soviet Union, and experience with persecution by state authorities prior to deportation. These covariates are used to control for potential confounding of the treatment-mediator, treatmentoutcome, and mediator-outcome relationships.

We then estimate the PSEs as defined by equation (9), using both the pure imputation estimator and the imputationbased weighting estimator. For the pure imputation estimator, we use BART to estimate all outcome models (including the models for the imputed counterfactuals). For the imputationbased weighting estimator, we estimate all outcome models using BART and estimate the propensity score model using gradient boosting machines (GBM) that are calibrated to maximize covariate balance (McCaffrey, Ridgeway, and Morral 2004; Ridgeway et al. 2017). The results, as shown in table 3, are similar between the two estimators. Consistent with the original study, we find that ancestor victimization significantly reduces the descendant's support for Russia's annexation of Crimea—by 0.2 (from 0.64 to 0.44) on the probability scale. By the pure imputation estimator, the direct effect is only about -0.05, meaning that most of the total effect operates through the political identities of first-, second-, and thirdgeneration respondents. The bulk of the indirect effect appears to be transmitted through the political identities of grandparents ("via G1 identity"), rather than through the political identities of second- and third-generation respondents directly ("via G2 identity" and "via G3 identity"). This finding suggests that exposure to political violence affects the identities of first-generation respondents and that they transmit these through the family line to shape the political attitudes of their descendants. This is a key theoretical hypothesis of Lupu and Peisakhin (2017). However, it was not tested in the authors'



Figure 4. Causal pathways from ancestor victimization to descendants' regime support

	Pure Imputation Estimator	Imputation-Based Weighting Estimator
Average total effect (ATE)	20 [30,11]	20 [30,11]
Through G1 identity $(A \rightarrow M_1 \rightsquigarrow Y)$	10 [15,06]	12 [18,07]
Through G2 identity $(A \rightarrow M_2 \rightsquigarrow Y)$	02 [06, .02]	02 [06, .03]
Through G3 identity $(A \rightarrow M_3 \rightarrow Y)$	03 [07, .00]	03 [07, .01]
Direct effect $(A \rightarrow Y)$	05 [12, .03]	04 [12, .05]

Table 3. Estimates of Total and Path-Specific Effects of Ancestor Victimization on Support for Russia's Annexation of Crimea

Note. Numbers in brackets represent 95% bootstrapped confidence intervals (1,000 iterations).

implicit mediation analysis, which considered only the role of the descendant's political identity (G3 identity).

To assess the robustness of the above finding to unobserved confounding of the mediator-outcome relationships, we apply the bias formulas introduced in the preceding section for the PSE via G1 identity  $(\tau_{A \to M, \rightsquigarrow Y})$ . Suppose there exists a binary unobserved confounder U (e.g., presence of some personality trait in the first-generation respondent) that affects both the political identities of first-, second-, and third-generation respondents and regime support among the grandchildren. Equation (13) indicates that in this scenario, the estimated PSE via G1 identity suffers a bias of  $-\gamma_1\eta_1$ , where  $\gamma_1$  denotes the effect of *U* on regime support (Y) conditional on ancestor victimization (A), G1 identity  $(M_1)$ , and the baseline covariates (X), and  $\eta_1$  denotes the difference in the prevalence of U between treated and untreated units conditional on G1 identity  $(M_1)$  and the baseline covariates (X). To be more concrete, let us consider U as a personality trait of the G1 respondent that facilitates ingroup solidarity, which would suggest a negative effect of *U* on regime support, that is,  $\gamma_1 < 0$ . The sign of  $\eta_1$  is less clear. If both violent victimization (*A*) and the unobserved personality trait (*U*) had had a positive effect on G1 identity (*M*<sub>1</sub>), the association between *A* and *U* conditional on *M*<sub>1</sub>, a collider between *A* and *U*, might be negative. In this case,  $-\gamma_1\eta_1$  will be negative, suggesting an overestimate of the (negative) PSE via G1 identity.

Figure 5 shows the contours of bias-adjusted estimates of the PSE via G1 identity at different values of  $\gamma_1$  and  $\eta_1$ . In addition, it shows the values of the  $\gamma_1$  and  $\eta_1$  that would result if the unobserved variable U "worked exactly like" one of three observed binary covariates: whether the G1 respondent had close relatives subject to dekulakization (*dekulakization*), whether the G1 respondent's close relatives privately opposed Soviet authorities (*private opposition*), whether the G1 respondent's family considered it very important to



Figure 5. Bias-adjusted estimates of the path-specific effect of ancestor victimization on regime support via G1 identity. The contours represent the biasadjusted estimates of the PSE via G1 identity ( $\tau_{n \rightarrow M_1, \dots, \gamma}$ ) plotted as a function of  $\gamma_1$  and  $\eta_1$  (with the unadjusted estimate computed from the pure imputation estimator). See the caption for figure 3 for the interpretation of other elements of the graph.

follow Islamic customs and traditions while in deportation (*religiosity*). We can see that the original estimate (-0.1) is quite robust, as it can be attributed entirely to unobserved confounding only when both  $\gamma_1$  and  $\eta_1$  are sizable (e.g., when  $\gamma_1 = \eta_1 = -0.32$ ) and far from their plausible values suggested by these observed covariates.

# **CONCLUDING REMARKS**

Despite a growing interest in the study of causal mechanisms in political science, conventional methods for causal mediation analysis are difficult to use when the causal effect of interest operates through multiple causally dependent mediators. In particular, the ACME cannot be nonparametrically identified if the mediator-outcome relationship is confounded by posttreatment variables, even if these variables are observed. In this article, we introduced a general framework for tracing causal paths with multiple mediators. In this framework, the total effect of a treatment on an outcome is decomposed into a set of path-specific effects (PSEs). These PSEs, unlike the ACMEs of individual mediators, are nonparametrically identified under a set of unconfoundedness assumptions.

We then described an imputation approach for estimating these PSEs from experimental and observational data. In contrast to conventional methods for analyzing causal mediation, this approach does not require modeling the conditional distributions of the mediators given their antecedent variables. All we need is to model the conditional means of the outcome given treatment, pretreatment confounders, and varying sets of mediators. These conditional means, unlike the conditional distributions of the mediators, can be flexibly estimated using data-adaptive methods such as GBM and BART. Therefore, minimal modeling assumptions are needed to implement this approach, and different models of the expected outcome can be used to check the robustness of results. In appendix F, we illustrate this point by showing that for our two empirical examples, estimates of the PSEs are similar whether we use GLM, GBM, or BART to fit the outcome models.

The identification of PSEs is premised on a set of potentially strong assumptions, which require that all relevant confounders of the treatment-outcome, treatment-mediator, and mediator-outcome relationships have been observed and adjusted for. Although standard in studies of causal mediation, these assumptions must be scrutinized against the research design and subject matter knowledge in each empirical application. In experimental studies where treatment is randomly assigned, the assumptions of no unobserved treatmentoutcome or treatment-mediator confounding are met by design, but the mediator-outcome relationships can still be confounded by unobserved factors. As we have shown, in cases where some of these assumptions are questionable, a set of general-purpose bias formulas can be used to assess the robustness of conclusions. To facilitate implementation, we offer an open-source R package, *paths*, for implementing the proposed methods for estimation and sensitivity analysis, which is available from Github and CRAN. In addition, in appendix H, we provide R code illustrating the use of *paths* with our empirical examples.

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